

# Pastures Lodge Allergens Report

## Main Menu & Kids Menu

Report correct at time of compilation 21<sup>ST</sup> July 2017

All information supplied by various suppliers, as well as consulting packaging

If ever unsure, check packaging, or consult a manager or Chef  
**Never guess!**

If the main part of a dish contains an allergen, it will state Yes  
If there is a *Possibility* that there may be an allergen present, the report will state P  
If a side or sauce contains an allergen that the main dish doesn't,  
it will state in Brackets



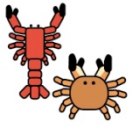
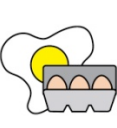
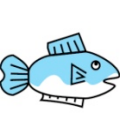







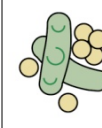

This side can then be removed if required

This report is set out in order of the Main Menu, then the Kids Menu

Alcoholic Beverage	Cereals containing gluten
PERONI NASTRO AZZURRO 330ml ALC 5.1% VOL	NONE THIS ITEM IS GLUTEN FREE

# DISHES AND THEIR ALLERGEN CONTENT



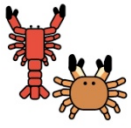
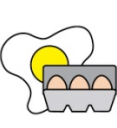
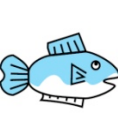
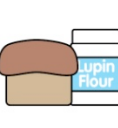






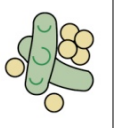

## Appetisers & Sharers

DISHES														
Contains:	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
King Prawn Thermidor	Yes	Yes	Yes	Yes	Yes	-	Yes	Yes	Yes	P	P	Yes	-	Yes
Baked Field Mushrooms	-	(herb crust)	-	-	-	-	Yes	-	-	-	-	-	-	Yes
Nachos Grande						-	(Cheese, Sour Cream)	-	Yes					
+ Chilli		Yes												Yes
Homemade Soup of the Day	See Chef for today's soup													
Potato Skins: - Cheese & Bacon				(Garlic Mayo)			(Cheese, Sour Cream)							
Monterey Jack Cheese Rings	Yes	Yes	-	Yes	-	-	Yes	-	Yes	p	p	Yes	Yes	Yes
Prawn Cocktail	P (Sauce)	(Bread)	Yes	(Sauce)	Yes		(Butter)							
Tempura King Prawns	Yes	Yes	Yes	Yes	Yes		Yes	Yes	Yes				Yes	Yes
Crayfish Prawn & Avocado Salad	Yes	Yes	Yes	Yes	Yes		Yes	Yes	Yes			Yes (Bread)	Yes	Yes
Cheesy Garlic Bread		Yes					Yes							
Garlic Bread		Yes												
Panko Squid Rings	Yes	Yes	Yes	P	Yes		P	Yes	(Mayo)			(Sweet Chilli)	Yes	
Dirty Fries	-	Yes	-	-	-	-	Cheese	-	Yes (BBQ)	-	-	-	Yes	-

# DISHES AND THEIR ALLERGEN CONTENT

## Appetisers & Sharers

2 of 2

DISHES														
Contains:	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chilli Chicken Dippers		Yes					Yes					(Sweet Chilli)	Yes	
Homemade Italian Meatballs		Yes		Yes					Yes					Yes
Grilled Halloumi	-	-	-	-	-	P	Yes	-	Yes	Yes	Yes	Yes	Yes	Yes
Loaded Chilli Nachos							(Cheese, Sour Cream)							
Fajita Chicken Nachos							(Cheese, Sour Cream)							
Lodge Platter		(Prawns, Garlic Bread, Wedges, Onion Rings, Dippers)	(Prawns)	Yes	(Prawns)		(Sour Cream, Cheese & Baked mushroom filling)	Yes				(Sweet Chilli)		(Onion Rings)
Seafood Basket	Yes	Yes	Yes	(Mayo)	Yes		Yes	Yes	Yes			P	(Sweet Chilli)	Yes
Seafood Linguine	-	Yes	Yes	Yes	Yes		-	Yes	-	-	-	-	-	Yes







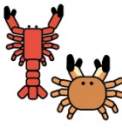
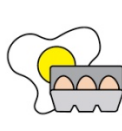





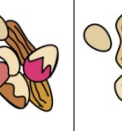
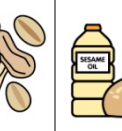
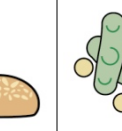
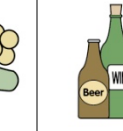





New Potatoes														
Jacket Potato														
Mash / Bubble & Squeak Mash							Yes							

## DISHES AND THEIR ALLERGEN CONTENT

## Around the World, Indian, & Italian



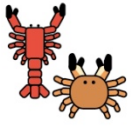
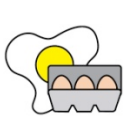
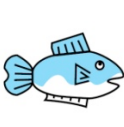




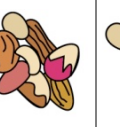
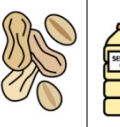
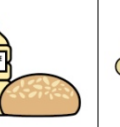
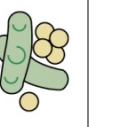

DISHES														
Contains:	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Oriental Beef Or Chicken Stir Fry		Yes	(Prawn Crackers)	Yes			(P – Noodles)		(P – Noodles)	(P – Noodles)	(P – Noodles)	Yes	Yes	
Oriental Veg Stir Fry		Yes	(Prawn Crackers)	Yes			(P – Noodles)		(P – Noodles)	(P – Noodles)	(P – Noodles)	Yes	Yes	
Poached Salmon				Yes	Yes		Yes							Yes
Loin of Tuna					Yes		Yes							Yes
Sizzling Fajitas		(Tortillas)					(Cream, Cheese)							
Chicken Tikka Masala	Chunky Chips GF if oven cooked only →	(Naan, Poppadums)					(Naan, Pilau Rice)							
Chicken Korma		(Naan, Poppadums)					(Naan, Pilau Rice)							
Beef Madras		(Naan, Poppadums)					(Naan, Pilau Rice)							
Chicken Tikka Sandwich		(Naan, Poppadums)			(Mint Yoghurt)			(Naan, Mint Yoghurt)						



Chicken, pancetta Risotto	Yes	Yes		Yes			Yes			Yes	Yes	Yes	Yes	Yes
Hand-made Lasagne		Yes		Yes			Yes			P				Yes
Vegetable Lasagne		Yes		Yes			Yes							
Spaghetti Bolognese	Yes	Yes		Yes			Yes		Yes				Yes	Yes
11" Rustic Pizza + Toppings		Yes	(Prawns)	P - Base	(Tuna)		(Cheese) P - Base)			(P - Olives)				

## DISHES AND THEIR ALLERGEN CONTENT

## Burgers

DISHES														
Contains:	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Create Your Own Burgers:														
- Brioche Bun		Yes		Yes			Yes					P	Yes	
- Seeded Bun		Yes										Yes		
- Beef Burger		Yes												
- SF Chicken Burger	Yes	Yes							Yes					
- Veggie Burger		Yes					Yes		Yes					
Toppings:	(BBQ)			(Fried Egg)			(Cheese, Blue Cheese)		(BBQ)					
BIG Steak Burger		Yes		Yes (Fried Egg)			(Cheese)		Yes					(Onion Rings)





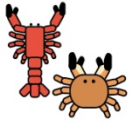


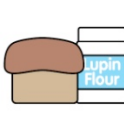



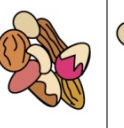
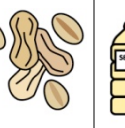
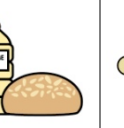
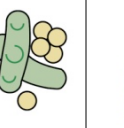





Breaded Scampi		Yes	Yes		Yes									
Chilli con Carne		Yes					(Pilau)							Yes
Broccoli Cream Cheese Bake	Yes	Yes					Yes							
Lamb Chump	Yes	-	-	-	-	-	Yes	-	Yes	-	-	-	Yes	Yes
Bangers n Mash	Yes	Yes	-	Yes	-	-	-	-	Yes	-	-	Yes	Yes	Yes
Chunky Chips		GF if oven cooked only												
Seasoned Wedges		Yes												

## DISHES AND THEIR ALLERGEN CONTENT

## Pastures Platters & Salads

DISHES														
Contains:	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Traditional English Ploughman's		(Scuffler, Pork Pie)		(Pork Pie)			(Pork Pie, Butter, Cheese)		(Piccalilli)					(Pickled Onions)
Pastures Antipasto		(Scuffler Bread)					(Butter, Cheese, P-Chorizo, P-Parma Ham)			(P-Olives)				
Connoisseurs Seafood Platter	Yes		Yes	Yes	Yes		(Butter)	P	Yes			Yes	Yes	Yes



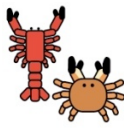

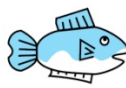
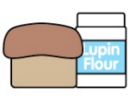














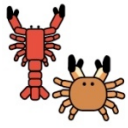

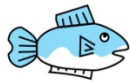
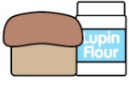






Pilau Rice							Yes							
Flour Tortillas		Yes												
Naan Bread		Yes					Yes							
Cheese Bowl							Yes							
Fried Egg				Yes										
Pineapple														
Mixed Veg														
Yorkshire Pudding		Yes		Yes			Yes							
Individual Dip Pots	See individual box or packaging													
Gravy Boat		Yes												
- Red Wine & Onion Gravy														Yes

## DISHES AND THEIR ALLERGEN CONTENT

## Kids Menu

DISH														
Contains:	Celery	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Kids Chicken Tikka Masala	Yes	-	-	-	-	-	Yes	-	Yes	-	-	-	-	Yes
Kids Burger	-	Yes	-	-	-	-	-	-	-	-	-	Yes (Burger Bun)	Yes	-
- with cheese	-	Yes	-	-	-	-	Yes	-	-	-	-	Yes (Burger Bun)	Yes	-



<b>Hot Dog</b>	-	Yes (Bread Roll)	-	-	-	-	-	-	-	-	-	-	-	-
<b>Pizza</b>	-	Yes	-	-	-	-	Yes	-	-	-	-	-	-	-
<b>Toad in the Hole + Gravy</b>	-	Yes	-	Yes	-	-	Yes	-	-	-	-	-	-	-
<b>Kids Spaghetti Bolognese</b>	Yes	Yes	-	Yes	-	-	-	-	-	P	-	-	-	-
<b>Fish Fingers</b>	-	Yes	-	-	Yes	-	Yes	-	Yes	-	-	-	-	-
<b>Sausage &amp; Egg + Gravy</b>	-	Yes	-	Yes	-	-	-	-	-	-	-	-	-	-
<b>Scampi</b>	-	Yes	Yes	-	Yes	-	-	-	-	-	-	-	-	-
<b>Kids Fish</b>	-	Yes (Batter)	-	P (Batter)	Yes	-	P (Batter)	-	-	-	-	-	P (Batter)	-
<b>Rump Steak</b>	-	Yes (Onion Rings)	-	-	-	-	-	-	-	-	-	-	-	Yes (Onion Rings)
<b>Chicken Nuggets</b>	-	Yes	-	-	-	-	-	-	-	-	-	-	-	-
<b>Kids Chicken Fillet Burger</b>	-	Yes	-	-	-	-	-	-	-	-	-	-	Yes	-
<b>DISH</b>														
<b>Contains:</b>	<b>Celery</b>	<b>Cereals containing gluten</b>	<b>Crustacean</b>	<b>Eggs</b>	<b>Fish</b>	<b>Lupin</b>	<b>Milk</b>	<b>Mollusc</b>	<b>Mustard</b>	<b>Nuts</b>	<b>Peanuts</b>	<b>Sesame seeds</b>	<b>Soya</b>	<b>Sulphur Dioxide</b>
<b>Kids Lasagne</b>	-	Yes	-	Yes	-	-	Yes	-	-	P	P	P	P (Garlic Ciabatta)	-
<b>Cottage Pie</b>	-	Yes	-	-	-	-	Yes	-	-	-	-	-	-	-
<b>Macaroni Cheese</b>	-	Yes	-	Yes	-	-	Yes	-	Yes	P	P	P	-	-

**Jungle Box Meal including Cheese Triangle, Mini Cheddars, Biscuit, Yoghurt Pouch, and Juice**



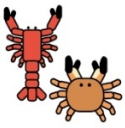
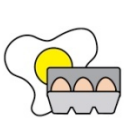
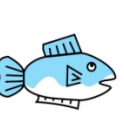
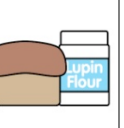

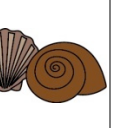
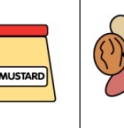
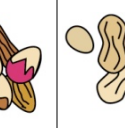

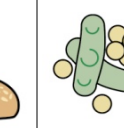




		COOKED												
<b>Wedges</b>	-	Yes	-	-	-	-	-	-	-	-	-	-	-	-
<b>Jacket Potato</b>	-	-	-	-	-	-	-	-	-	-	-	-	-	-
<b>New Potatoes</b>	-	-	-	-	-	-	-	-	-	-	-	-	-	-
<b>Mashed Potatoes</b>	-	-	-	-	-	-	Yes	-	-	-	-	-	-	-
<b>Colcannon Mash</b>	-	-	-	-	-	-	Yes	-	-	-	-	-	-	-
<b>Rice</b>	-	-	-	-	-	-	-	-	-	-	-	-	-	-
<b>Potato Smilies</b>	-	No BUT (Cooked in same oil as wedges) Can be OVEN COOKED	-	-	-	-	-	-	-	-	-	-	-	-
<b>Spaghetti Hoops</b>	-	Yes	-	Yes	-	-	-	-	-	-	-	-	-	-
<b>Baked Beans</b>	-	-	-	-	-	-	-	-	-	-	-	-	-	-

## DISHES AND THEIR ALLERGEN CONTENT

## Kids Menu

## Pastures Lodge

DISHES														
Contains:	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b>Ice Cream Factory &amp; Toppings etc</b>														
<b>Ice Cream Mix</b>	-	-	-	-	-	-	Yes	-	-	-	-	-	-	-

